



Various studies document the significant problems of alcohol and other drug use among California youth:

- At least 188,000 California adolescents between the ages of 12 and 17 have a substance abuse problem requiring treatment (Source: the 2003-2004 National Survey on Drug Use and Health).
- At least 10% of all 9th through 12th graders, approximately 193,700 students, need treatment (Source: 2005-2006 California Student Survey).
- While a majority of adolescents in treatment are boys (65% male vs. 35% female), research has shown that girls are using substances at earlier ages and that girls suffer consequences, including unplanned pregnancy and an emotional toll beyond that experienced by boys.

Source: California Department of Alcohol and Drug Programs

***Get ONTRACK!
Call
916-285-1810
Today!***

ONTRACK
PROGRAM RESOURCES
ONTRACK Program Resources, Inc.
1331 Garden Highway
Sacramento, CA 95833



***Consultation
& Training to
Strengthen
Treatment and
Recovery
Services for***



Funded by the California Department of Alcohol and Drug Programs

Cost-Free...

Research shows that the most successful treatment outcomes for youth result from access to holistic, age-appropriate interventions, treatment and recovery support.

The Youth Treatment/Recovery Technical Assistance and Training Project aims to improve options and outcomes for California's youth with alcohol and other drug problems. Your agency can receive cost-free, customized consultation and/or training on a variety of topics designed to enhance staff skills and increase your organization's ability to provide services specific to youth intervention, treatment, and/or rehabilitation.

Sample Topics

- Youth-Specific Continuum of Care
- Basic Alcohol and Other Drug Education
- Youth Treatment Guidelines
- Best Practice Models & Treatment Strategies
- Age, Developmental, & Cultural Competency
- Youth-Specific Screening and Assessment
- Relapse Prevention
- Strategic Planning and Resource Development

**Certain trainings may qualify for Continuing Education Hours (CEHs)*

Get ONTRACK
Contact us *Today!*

Consultations & Trainings:

Our Purpose

ONTRACK Program Resources, Inc. provides statewide assistance through consulting and training for organizations that are also committed to successful intervention, treatment, and recovery for youth. Through funding from the **California Department of Alcohol and Drug Programs, the Youth TA and Training Project** is committed to:

1. Improving and promoting comprehensive treatment for youth.
2. Increasing use of youth-specific screening and assessment tools to link youth to appropriate treatment.
3. Providing up-to-date information regarding ethical and legal issues associated with addiction treatment and minors.
4. Encouraging and supporting the involvement of parents, other family, natural and community support networks.
5. Increasing the cultural and gender competency of program staff to improve and enhance treatment outcomes.

About Us

ONTRACK is a private, nonprofit consulting firm based in Sacramento and serving communities statewide. Our mission is to address community problems by organizing people, resources and information to provide health and wellness in California communities.

ONTRACK provides specialized assistance through a consultant pool composed of a broad spectrum of California's leading prevention, treatment and recovery experts.



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Email or call us for more information.
Request an application today!